

DRY POWDER INHALER

DISKUS (6+ YEARS)



1
CLOSED



2
PUSH OPEN



3
SLIDE & CLICK



4
BREATHE OUT



5
DEEP BREATH IN & HOLD



6
RINSE & SPIT



7
PUSH TO CLOSE

IMPORTANT INFORMATION

Note: Place mouthpiece between your teeth and close your lips (like sucking a straw).

Empty?: The window has numbers that count down the dose – “0” means it is empty. Throw it away.

Expired?: Check the expiry date on the back of the device.

Reminders: Keep the Diskus dry.
Do not breathe into the device.
Close after use.

Cleaning: Wipe mouthpiece with a dry tissue or cloth.

This material is designed for information purposes only. It should not be used in place of medical advice, instruction and/or treatment. If you have specific questions, please consult your doctor or appropriate healthcare professional.

Developed by the Community Pediatric Asthma Service, Calgary and area.

**For more information on asthma medications and device demos, visit our website at:
www.ucalgary.ca/icancontrolasthma**

